Frequently Asked Questions - CNA Refresher Course

1.   How many hours are required in the course?

        10

2.   What topics are required?

        a.   The nurse aide's responsibility in health care delivery
        b.   Communication
        c.   Resident's rights (including preventing and reporting ANE)
        d.   Safety (including the Heimlich maneuver)
        e.   Infection control (including handwashing)
        f.   Bed-making
        g.   Personal care skills (including feeding, bathing, dressing, elimination needs, skin care)
        h.   Transfers, positioning and turning
        i.   Measurement and recording of vital signs

        All of the above topics must be included in the course.

3.   What are the clinical requirements for the course?

        There are a minimum of five hours clinical, including each of the following subjects: safety (simulation of the Heimlich maneuver), infection control (handwashing demonstration), bed-making, personal care skills simulation or demonstration (feeding, bathing, dressing, elimination needs, skin care), transfers (simulations of transfers, positioning, turning), measure and recording of vital signs (demonstration).

4.   Which items need to be covered in class and which in clinical?

        All items need to be covered in class. Those indicated above need to be covered in clinical/lab setting.

5.   Can all the clinical items be covered in a nursing laboratory setting?

        Yes.

6.   How much time should be spent on each topic?

        The amount of time is at the discretion of the instructor, but all topics must be addressed in the didactic portion of the course. Specific topics must be addressed in the laboratory/clinical portion of the course.

7.   What about bans on training?

      Federal bans on training are not observed for the refresher course since state law is the
      authority for this course.

8.   What is the application process?

      The course application must be sent to the department at least **three weeks** prior to the
      start date of the course, unless the sponsor participates in the sponsorship program. In
      that case, the course information sheet needs to be sent to the department at least **one
      week** prior to the start date of the course.

9.   When is the registry updated to reflect that the certified nurse aide is eligible to work?

      The sponsor/instructor must send the roster and identification form(s) to Health
      Occupations Credentialing. After those are received, the registry is updated.

10.   Can the refresher course be used in lieu of the Employment Verification Form or the Task
      Checklist for Employment Verification?

      Yes. We encourage using this method because of its inherent added educational value for
      the CNA.